HABIT TRACKER

MONTH: _____

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HABIT: _____   ◯ ◯ ◯ ◯ ◯ ◯ ◯ ◯ ◯ ◯
GOALS: _____   ◯ ◯ ◯ ◯ ◯ ◯ ◯ ◯ ◯ ◯
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HABIT: _____   ◯ ◯ ◯ ◯ ◯ ◯ ◯ ◯ ◯ ◯
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HABIT: _____   ◯ ◯ ◯ ◯ ◯ ◯ ◯ ◯ ◯ ◯
GOALS: _____   ◯ ◯ ◯ ◯ ◯ ◯ ◯ ◯ ◯ ◯
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NOTES: _____

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